



STATE BY STATE SURVIVAL RESOURCES

There are three (3) websites that AFA EAP strongly recommends that you visit as you begin formulating your and your families' economic survival strategy. These websites list resources that can be sorted by state and by assistance category. Please remember that the AFA EAP is also available to assist you as you try to navigate through these services. Our toll free number is 800-424-2406 or email (eapassist@afanet.org)

www.afanet.org/eap

The AFA EAP website offers a number of financial resources as well as guidance for managing unemployment and creditors.

www.ahirc.org

The Access to Health Insurance/Resources for Care Website provides a state by state database on health insurance alternatives and health care access resources. The site was the conception of the Screen Actors Guild in recognition that many of their members are not attached to an employer. At this site you will find:

- *Income based health insurance plans*
- *Children's health insurance plans*
- *-Self-employed person's organizations offering plans*
- *Private Insurers and HMOs*
- *Managed care plan ratings*
- *Prescription programs for seniors*
- *Clinical trials*
- *Free and low-cost health testing*
- *Income-based care at hospitals and clinics*
- *-Financial assistance for Medical Bills.*

www.govbenefits.gov

Click on the "benefits" tab at the top of the home page. This area of the website provides you with one stop shopping for the federal and state funded programs for low to no income families on a state by state basis. You can find the specific eligibility criteria for each program. You can also conduct searches of programs for which you are eligible by in-putting your individual circumstances.

